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**Southeast Iowa AAA Inc**  
**- For Immediate Release -**

# Press Release

## ***Senior Deli Dining***® coming to the Mt Pleasant Area: a new dimension in senior congregate dining!

**Burlington IA January 28, 2010:** Southeast Iowa Area Agency on Aging, Inc. is announcing the start of a new concept in senior citizen congregate meal dining for their Mt. Pleasant service. The service will begin on February 16, 2010. The Agency has modeled this new program after a similar one being offered in Kansas in conjunction with a local HyVee. While senior congregate meals are not new, this type of meal setting would be the first in Iowa. The program, called Senior Deli Dining offers eligible seniors an opportunity to eat one of the Agency's nutritionally balanced midday meals at HyVee in Mt. Pleasant. The Area Agency on Aging sponsored meal will be available from 11:00 a.m. – 1:00 p.m. Monday – Friday on the premises of the HyVee located at 1700 East Washington Street. Meals are prepared by HyVee using the Agency's approved menu.

In order to be eligible for this program, interested persons will need to be 60 years of age or older or the spouse of someone 60 or older. Registration in the Agency's Nutrition Program and signing up for a Senior Deli Dining Card are required in order to participate. Specific details about the program will be available to seniors who are interested during enrollment sessions on Wednesday, February 3rd and Thursday February 4th at the Henry County Senior Center at 103 South Jackson. Representatives from the Agency will be available from 10 a.m. to Noon on those days to enroll eligible persons into the program. Subsequent enrollment sessions will be scheduled and announced at a later date.

The meal will be offered on the same contribution basis as was in place before the change from the Mt. Pleasant Senior Center. An eligible senior will make a contribution for the number of meals they would like to have and that number of meals will be credited to their Senior Deli Dining swipe card. Each card has a unique number which is assigned to a specific individual and will operate much like a debit card. Once the diner chooses the approved menu items for the day, the card is swiped and the meal recorded. The diner will get a receipt showing the number of meals remaining on their card. Any item chosen in addition to the approved menu must be paid for separately. Menu substitutions are not allowed if the diner wishes the meal to be accepted as one approved by the Area Agency on Aging. Meals will no longer be served at the Henry County Senior Center after February 5, 2010.

Home delivered meals will continue to be offered for eligible participants in Mt. Pleasant without interruption. The Senior Deli Dining card will not be required for this service.

There are many details to the program which could not be included in the news release so interested seniors are encouraged to attend one of the scheduled enrollment sessions. For a complete explanation of the program, visit the Agency's website at: [southeastiowaaaa.org](http://southeastiowaaaa.org) and select the Senior Deli Dining Link on the front page. The material is in PDF format and can be downloaded or printed or both. You can also call 1-800-292-1268 for information.

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