

Southeast Iowa Area Agency on Aging, Inc.
Caregiver Support Services

Des Moines County

“Caregiving should not, cannot and does not need to be done alone.”

(Iowa Association of Area Agencies on Aging Website)

Some services may be available only on a limited basis and geographic area. There are many programs that may help a person pay for services. It is recommended that clients contact individual providers to discuss their specific needs.

Homemaker Services: This includes housecleaning, laundry, grocery shopping, meal preparation and may provide transportation to medical appointments.

<u>Provider</u>	<u>Phone number</u>
Advanced Home Health Care Ltd.	319-753-6270 or 800-791-7785
Comfort Keepers	319-752-7027 or 877-684-8603
Great River Home Health Care & Hospice	319-768-3350
Home Caring Services Inc.	319-754-6559
Mobile Nursing Services Ltd.	319-752-3626 or 800-798-7793
Regional Home Health Care Inc.	319-835-9035
SunnyBrook Home Care Inc.	319-837-8300 or 877-421-3594

Personal Care: This is non-medical assistance that may include assistance with bathing, shampooing, oral hygiene, toileting, ambulation, helping individuals in and out of bed, and help with oral medication.

<u>Provider</u>	<u>Phone number</u>
Advanced Home Health Care Ltd.	319-753-6270 or 800-791-7785
Comfort Keepers	319-752-7027 or 877-684-8603
Des Moines County Public Health	319-753-8290
Great River Home Health Care & Hospice	319-768-3350
Home Caring Services Inc.	319-754-6559
Mobile Nursing Services Ltd.	319-752-3626 or 800-798-7793
Regional Home Health Care Inc.	319-835-9035
ResCare Home Care	319-363-3318
SunnyBrook Home Care Inc.	319-837-8300 or 877-421-3594
Visiting Nurses Association	319-752-6469

Meal Services: Home-delivered meals that are nutritionally balanced.

<u>Provider</u>	<u>Phone number</u>
Great River Medical Center (Delivery in Burlington/West Burlington area only)	319-768-3400
Mom’s Meals	515-382-8888 or 866-204-6111
Southeast Iowa Area Agency on Aging, Inc. (Delivery in Burlington, West Burlington and Mediapolis area only)	319-752-5433 or 800-292-1268

Chore Services: Lawn mowing and snow removal.

<u>Provider</u>	<u>Phone number</u>
Monica’s Lawn Service	319-753-1585

Counseling: Designed to evaluate and treat emotional health issues in older adults.

<u>Provider</u>	<u>Phone number</u>
Touchstone/ResCare Behavioral Counseling	319-754-4618 or 800-934-3643

Alzheimer’s Support Group: Group programs that develop and strengthen support systems.

<u>Provider</u>	<u>Phone number</u>
Great River Medical Center/Klein	319-768-4600
Alzheimer’s Association	319-208-0271

Transportation: Transportation available to the general public that is wheelchair accessible. Must provide own escort if needed.

<u>Provider</u>	<u>Phone number</u>
Burlington Urban Service (Service in Burlington only)	319-753-8162
SEIBUS	319-753-5107 or 866-753-5107

Assisted Transportation: Transportation provided to elderly who need assistance getting from their home to the vehicle and back. May include an escort.

<u>Provider</u>	<u>Phone number</u>
Comfort Keepers	319-752-7027 or 877-684-8603
Veterans Affairs of Des Moines Co (Iowa City only)	319-752-7171
RSVP (Medical appointments only)	319-753-8155

Home Modification: These are minor changes to a home that increase a person's independence.

<u>Provider</u>	<u>Phone number</u>
Community Action of Southeast Iowa	319-753-0193
USDA Rural Development	319-986-5800 ext. 4

Assistive Devices: These devices help the elderly to maintain their independence and may include: shower chair, hand-held shower head, toilet riser, and commode.

<u>Provider</u>	<u>Phone number</u>
ActivStyle Inc.	800-651-6223
First Medical Equipment Inc.	319-753-2802
Henry County Health Center	319-385-6114
Heritage Medical Equipment & Supplies	319-768-4300
Keokuk Area Medical Equipment	319-524-6356 or 800-952-4069

Emergency Response System: This device is connected to a 24-hour staffed system that allows the individual access to assistance in case of an emergency.

<u>Provider</u>	<u>Phone number</u>
Comfort Keepers	319-752-7027 or 877-684-8603
Henry County Hospital Auxillary	319-385-3141
Heritage Medical Equipment	319-768-4300
SunnyBrook Home Care Inc.	319-837-8300 or 877-421-3594

Respite: This service provides temporary relief to the caregiver and provides all the necessary care that the caregiver would normally provide during that time period.

<u>Provider</u>	<u>Phone number</u>
Advanced Home Health Care Ltd.	319-753-6270 or 800-791-7785
Bickford Cottage (Facility based)	319-754-7500
Burlington Care Center (Facility based)	319-753-2841
Comfort Keepers	319-752-7027 or 877-684-8603
Great River Home Health Care & Hospice	319-768-3350
Home Caring Services Inc.	319-754-6559
Mobile Nursing Services Ltd.	319-752-3626 or 800-798-7793
Prairie Ridge Care & Rehab (Facility based)	319-394-3991
Regional Home Health Care Inc.	319-835-9035
SunnyBrook of Burlington (Facility based)	319-752-0260
SunnyBrook Home Care Inc.	319-837-8300 or 877-421-3594

Every attempt was made to list all providers. If an agency was inadvertently left off, please let us know so we can include them in our next printing.

There are many more services available that are not listed. Please contact Southeast Iowa Area Agency on Aging, Inc. if you need additional information:

Southeast Iowa Area Agency on Aging, Inc.

509 Jefferson St.

Burlington, IA 52601

Ph. 319-752-5433 or toll free 800-292-1268

www.southeastiowa.org